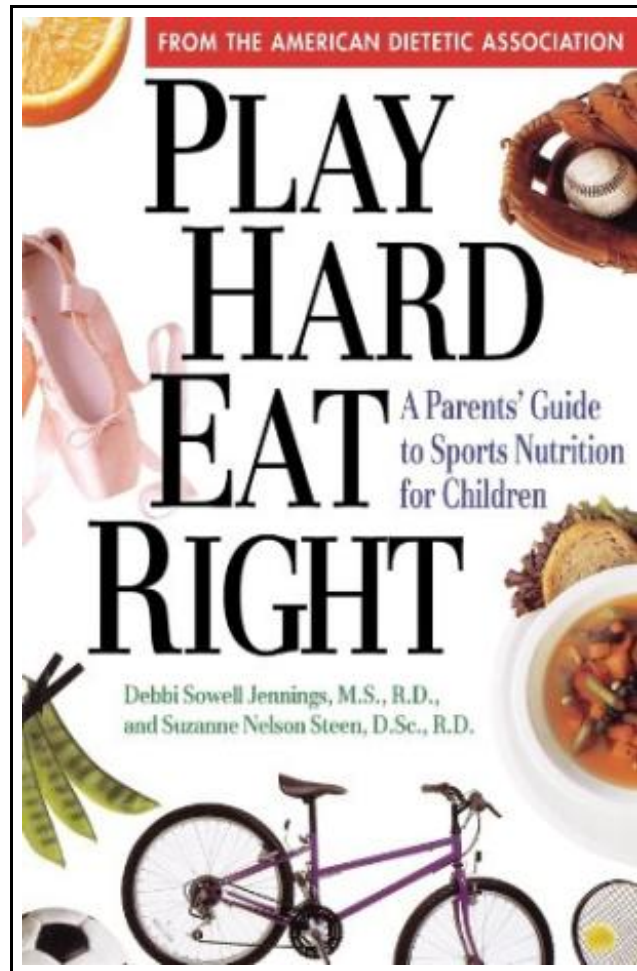


## Play Hard, Eat Right: A Parent's Guide to Sports Nutrition for Children



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