



## Zen and Tao- A Little Book on Buddhist Thought and Meditation (Paperback)

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By Dennis Waller

Createspace, United States, 2013. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Zen and Tao, A Little Book on Buddhist Thought and Meditation is really not a little book. It is a collection of Buddhist quotes, thoughts, and meditations from the school of Zen and the Tao. The Translations of the Hsin Hsin Ming, The Tao Te Ching, and Nargarjuna s Tree of Wisdom by Dennis Waller are included along with a collection of 50 selected quotes from Chuang Tzu, Okakura Kakuzo, and Buddha. Also included are selected commentaries on Zen and the Tao from the works of Dennis Waller. An Excerpt from the book- Throughout Buddhism, Taoism and Zen there it much talk and mention about Nothingness, Emptiness, Oneness, the Void, and Suchness. In the western world, this makes no sense, There has to be something, even nothing is something, right? The western world cannot understand these meanings, maybe because there are no meaning to these words in the East. This is a major conflict between the two worlds. The west always believes that there is meaning in everything, there is always a why and a meaning to...

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